Belton Senior Activity Center August 2025

Hours of Operation: 8 a.m. - 3 p.m., Monday-Friday; Telephone: Center 254-939-1170



<u>Lunches available daily - Call 24 hours in advance to reserve - \$3.00 Donation</u>

Blood Pressure Check Machine and Exercise Bike Available 842 Mitchell St., Belton, TX 76513



Web Site: www.beltonseniorcenter.org; FaceBook: www.facebook.com/beltonseniorcenter

Email: activities@beltonseniorcenter.org; Activity Director, Judy Owens: 254-770-7958;

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Suriday	Worlday	Tuesday	vveullesuay	Thursday	riiday	Saturday
					1	2
Zumba Class on					Exercise Class	
T/Th is					9-9:45	
from 6-7 \$5/class					10:30 Improver	
No class on					Line Dance	
1st/3rd Thurs,		_		_	12 Bridge	_
3	4	5	6		8	9
	Exercise Class	8 Mex. Train Doms.		8/9 Beg. Line Dance	Exercise Class	Dance on Aug. 7
		8/9 Beg. Line Dance	9-9:45	10 Improver Line D.	9-9:45	at 6:30, featuring
	9 Woodcarvers	10 Improver Line D.	10:30 Bible Study	9 Quilting	10:30 Improver	Gabriel River
	10:30 Line Dance	9Quilting/12 Canasta		12 Canasta	Line Dance	Cost \$5.
	12 Dominos 42	6 Zumba Class	1 Arts & Crafts	6:39 Dance	12 Bridge	
10	11	12	_ 13		_ 15	16
	Exercise Class	8 Mex. Train Doms.		8/9 Beg. Line Dance	Exercise Class	
		8/9 Beg. Line Dance	9-9:45	10 Improver Line D.	9-9:45	
	9 Woodcarvers	10 Improver Line D.	10:30 Bible Study	9 Quilting	10:30 Improver	
		9Quilting/12 Canasta		12 Canasta	Line Dance	
	12 Dominos 42	6 Zumba Claas	1 Art Painting	6 Zumba Class	12 Bridge	
17	18	19	_ 20	21	_ 22	23
	Exercise Class 9	8 Mex. Train Doms.		8/9 Beg. Line Dance	Exercise Class	Dance on Aug. 21
		B/9 Beg. Line Dance	9-9:45	10 Improver Line D.	9-9:45	at 6:30, featuring
	10:30 Line Dance	10 Improver Line D.	10:30 Bible Study	9 Quilting	10:30 Improver	Backroads
	12 Dominos 42	9Quilting/12 Canasta		12 Canasta	Line Dance	Cost \$5.
		6 Zumba Claas	1 Arts & Crafts	6:30 Dance	12 Bridge	
24	25		27		29	30
Pot Luck Dinner	Exercise Class 9	8 Mex. Train Doms.	Exercise Class	8/9 Beg. Line Dance	Exercise Class	
in Monday, Aug. 28,		8/9 Beg. Line Dance	9-9:45	10 Improver Line D.	9-9:45	
at 5:30 p.m.	10:30 Line Dance	10 Improver Line D.	10:30 Bible Study	9 Quilting	10:30 Improver	
	12 Dominos 42	9Quilting/12 Canasta		12 Canasta	Line Dance	
	5:30 Pot Luck	6 Zumba Class	1 Art Painting	6 Zumba Class	12 Bridge	
31			Upcoming Even	ts:		
			1. The Center is partnering with the City of Belton on offering a Zumba class on Tues. and Thurs. from 6-7 p.m., except for 1st and 3rd Thursdays when we have our regular dances. Cost is \$5 per class. 2, Dances - Thurs., Aug. 7, with Gabriel River; and Thurs, Aug. 21, with Backroads. Dances start at 6:30 p.m. and cost \$5 per person. 3. Pot Luck is Monday, Aug. 25, at 5:30 p.m.			
				,,g,100 p.		
		•				